

BTEC Dance Summer Independent Learning Activity

Welcome to BTEC Dance, please complete the following tasks ready for your first day at Pontefract New College.

Part 1, Task 1 – **Know the structure and function of the human body.** For this task you need to show knowledge and understanding of:

Bodily structure:

1. Skeleton - bones, joints
2. Muscles – tendon, ligaments

Bodily function:

3. Circulatory system
4. Respiratory system
5. Nervous system

Create a leaflet or series of leaflets to show understanding of each of the structures and functions listed above. The leaflets should demonstrate extensive knowledge and understanding of each.

Part 2, Task 2 - As well as understanding all of the above structures and functions you are also required to comment on how each structure and function supports 'The Healthy Performer' and allows them to carry out various tasks in rehearsal and performance.

Please ensure you bring this work to your first Dance class in September.